

Your Customized Multi-Vitamin Formulation

YOUR CUSTOMIZED AMOUNTS OF:

ANTI-OXIDANTS

B VITAMINS

MINERALS

Supplement Facts	Amount Per Serving	% Daily Value
Vitamin A as Retinyl Palmitate and 75% as natural beta-carotene with mixed carotenoids (Alpha-Carotene, Gamma-Carotene, Citroxanthin and Beta-Zeacarotene)	10,000 IU	200%
Vitamin C as Ascorbic Acid	500 mg	833%
Vitamin D as Cholecalciferol	1,000 IU	250%
Vitamin E as natural d-alpha-tocopheryl succinate with mixed d-beta, d-gamma and d-delta tocopherols and tocotrienols	400 IU	1,333%
Vitamin B₁ - Thiamin as Thiamin Mononitrate	50 mg	3,333%
Vitamin B₂ - Riboflavin	50 mg	2,941%
Vitamin B₃ - Niacine as Niacinamide	50 mg	250%
Vitamin B₅ - Pantothenic Acid as D-Calcium Pantothenate	50 mg	2,500%
Vitamin B₆ - as Pyridoxine HCl	800 mcg	200%
Vitamin B₇ - Biotin	250 mcg	4,167%
Vitamin B₉ - Folate as Folic Acid	600 mcg	200%
Vitamin B₁₂ - as Cyanocobalamin	50 mg	500%
Calcium as Calcium Carbonate, Dicalcium Phosphate, and Calcium Citrate	400 mg	40%
Phosphorus as Dicalcium Phosphate	10 mg	1%
Iodine from kelp	150 mcg	100%
Magnesium as Magnesium Oxide	300 mg	75%
Zinc as Zinc Citrate	20 mg	133%
Selenium as L-Selenomethionine	200 mcg	286%
Copper as Copper Gluconate	2 mg	100%
Manganese as Manganese Gluconate	4 mg	200%
Chromium as Chromium Dinicotinate Glycinate	200 mcg	167%
Molybdenum as Molybdenum Amino Acid Chelate	100 mcg	133%
Potassium as Potassium Citrate	25 mg	<2%
Boron as Boron Chelate	10 mg	*
Vanadium as Vanadyl Sulfate	100 mcg	*
Choline bitartrate	30 mg	*
Inositol	25 mg	*
North American ginseng root extract	50 mg	*
Lemon Bioflavonoids complex	75 mg	*
Green tea leaf extract 98% total Polyphenols	400 mg	*
Broccoli sprouts extract min. 4000 ppm Sulforaphane	125 mg	*
Alpha-Lipoic acid	225 mg	*
Lutein	8 mg	*
Lycopene	8 mg	*
Coenzyme Q10 (CoQ10)	30 mg	*
Essential Fatty Acids: Omega-3 Booster Pack Formula**		
EPA Omega-3	335 mg	*
DHA Omega-3	167.5 mg	*

*Daily Value not established. **Additional purchase necessary. Other ingredients: gelatin, cellulose, magnesium stearate, and silica. Formula information may not appear on product labels as it is shown above. This product is not intended to diagnose, treat, cure or prevent any disease. This product is not intended for pregnant or nursing women. Any nutritional supplementation program should be conducted under the guidance of a medical professional: consult your doctor.